

Margaret (Maggie) Sugg
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PROFESSIONAL PREPARATION

Ph.D., 2015 Geography, University of North Carolina at Chapel Hill

MA, 2011 Geography, University of North Carolina at Chapel Hill

BS, 2008 Biology, Minors: Chemistry, Geography, University of North Carolina at Chapel Hill

RESEARCH EXPERTISE

Climate and Human Health; Human Vulnerability to Environmental Hazards; Public Health; Geographic Information Systems (GIS); Spatial Statistics

APPOINTMENTS

- 2021-present **Associate Professor**, Department of Geography and Planning, Appalachian State University, Boone, North Carolina
- 2015-2021 **Assistant Professor**, Department of Geography and Planning, Appalachian State University, Boone, North Carolina
- 2014–2015 **Science to Achieve Results Fellow (STAR)** for Graduate Environmental Study in Public Health, Environmental Protection Agency
- 2009–2014 **Graduate Research Associate**, Southeast Regional Climate Center, University of North Carolina at Chapel Hill
- 2013–2014 **Graduate Research Assistant**, Carolinas Integrated Sciences and Assessments (CISA), University of South Carolina
- 2013–2014 **Teaching Fellow**, Department of Geography, University of North Carolina
- 2012 **Graduate Research Consultant**, University of North Carolina at Chapel Hill
- 2012 **Geographic Information System Assistant**, University of North Carolina
- 2010–2011 **Teaching Assistant**, Department of Geography, University of North Carolina
- 2009 **Climate-Human Health Internship**, National Oceanic and Atmospheric Administration's National Climatic Data Center
- 2007–2008 **Laboratory Technician**, Department of Psychology, University of North Carolina at Chapel Hill

AWARDS and HONORS

CAREER Award, Faculty Early Career Development Program, National Science Foundation (2021-2026)

Invited Panelist, National Academy of Sciences, The Interplay Between Environmental Exposures and Mental Health Outcomes (2021)

Invited Panelist, Howard Hughes Medical Institute, Department of Science Education's Connected Coastlines (2021)

William C. Strickland Outstanding Junior Faculty Award, College of Arts and Sciences, Appalachian State University (2019)

Undergraduate Research Mentorship Excellence Award, Office of Student Research, Appalachian State University (2019)

Climate Specialty Group Student Paper Competition, 1st place, Association of American Geographers, Chicago, IL, (2015)

Graduate Education Advancement Board Impact Award, University of North Carolina at Chapel Hill Graduate School, (2015)

Innovative Use of Geographic Information Systems, 2nd place, University of North Carolina at Chapel Hill, (2014)

Graduate Student Mentoring Award, University of North Carolina at Chapel Hill, Office of Undergraduate Research (2014)

Best Student Poster Presentation, 65th Annual Meeting of the Southeastern Division of the AAG. Birmingham, AL., (2010)

PEER-REVIEWED PUBLICATIONS (*indicates student publication)

41 – peer-reviewed publications;

8– peer-reviewed publications under review;

0 – peer-reviewed publications submitted

49 peer-reviewed publications

Sugg, M.M., Michael, K., Hajnos, S*, Green, S. and J.D. Runkle., (2021) “Understanding the Concurrent Risk of Mental Health and Dangerous Wildfire Events in the COVID-19 Pandemic.” *Science of the Total Environment* (Under Review)

Moreno, C.*, Sugg, J., Runkle, J., Leeper, R., Perry, B., and **Sugg, M.M.** Examining Spatiotemporal Trends of Drought in The Conterminous United States Using Self-Organizing Maps. *Physical Geographer* (Under Review)

Handwerger, L., * J.D Runkle, Leeper, R., Shay, E. Dempsey, D. and **Sugg, M.M.**, “An Assessment of Social and Physical Vulnerability to Hydroclimate Extremes in Appalachia.” *Natural Hazards* (Under Review)

Runkle, J., Yadav, S.*, Michael, K., Green, S., Weiser, J., **Sugg, M.M.** (2021) “Crisis Response and Suicidal Patterns in U.S. Youth before and during COVID-19: A latent class analysis.” *Journal of Adolescent Health*. (Under Review)

Mitchell, J.*, Runkle, J., Andersen, L, Shay, E. **Sugg, M.M.** (2021) “Health Disparities in Life Expectancy across North Carolina: A Spatial Analysis of the Social Determinants of Health and the Index of Concentration at Extremes” *Family and Community Health*. (Under Review)

Harden, S.*, Runkle, J., **Sugg, M.M.** (2021). “The Impact of Environmental and Social Characteristics on Severe Maternal Morbidity: A Spatiotemporal Analysis in South Carolina,” *Maternal and Child Health Journal*. (Under Review)

Sugg, M.M., Runkle, J., Andersen, L, Weiser, J and Michael, K. (2021). “Crisis Response Among Essential Workers and their Children during the COVID-19 pandemic,” *Preventive Medicine*. (Under Review)

Runkle, J., Harden, S. Handwerger, L, Moren, C, Michael, K. and **Sugg, M.M.**, (2021). “Socio-environmental drivers of adolescent suicide in the United States: A Scoping Review” *Journal of Rural Mental Health* (Under Review)

Runkle, J.D., **Sugg, M.M.**, Yadav, S. *, Harden, S. *, Weiser J., and Michael, K. (2021). Real-time Mental Health Crisis Response in US to COVID-19: Insights from a National Text-based Platform. *The Journal of Crisis Intervention and Suicide Prevention*. (Accepted)

Handwerger, L.,* **Sugg, M.M.**, and J.D Runkle (2021). “Present and Future Sea-level Rise at the Intersection of Race and Poverty in the Carolinas: A geospatial analysis” *The Journal of Climate Change and Health* (Accepted)

Harden, S.* , Runkle, J. Green, S. Weiser J., **Sugg, M.M.** (2021)“Spatial Clustering of Adolescent Bereavement in the U.S. During the COVID-19 Pandemic,” *Journal of Adolescent Health*.
<https://doi.org/10.1016/j.jadohealth.2021.04.035>

Haas, A., Runkle, J., **Sugg, M.M.**, (2021), “ The driving influences of human perception to extreme heat: A scoping review,” *Environmental Research*. 111173. <https://doi.org/10.1016/j.envres.2021.111173>

Runkle, J.D., **Sugg, M.M**, McCrory, S*, and Coulson, C,. (2021). “Examining the Feasibility of Blood Pressure Self-Monitoring: Advancing Remote Prenatal Care in Rural Appalachia,” *Telemedicine and E-Health*, 2(1), 125-134. <https://doi.org/10.1089/tmr.2020.0021>

Sugg, M.M., Andersen L., Shay, E., Tyson, J and Runkle, J., (2021) “Climate, Environment, and Public Health in Western North Carolina.” *Sustainable Health*. <https://ihhs.appstate.edu/about/institute-journal>

Runkle, J.D., **Sugg, M.M.**, March, T., Vaughan E., Mullendore, J. Hodge, B., Tove, F., Salyers, M., Valeika, S., Graham, G., (2021). Participatory COVID-19 Disease Surveillance Tool in Rural Appalachia: Innovating Real-time Disease Monitoring and Regional Response. *Public Health Reports*.
<https://doi.org/10.1177/0033354921990372>

Sugg, M.M., Spaulding, T., Lane, S., Runkle, J., Harden, S*, Hege, A., Iyer, L., (2021) Mapping Community-Level Determinants of COVID-19 Transmission in Nursing Homes: A multi-scale approach. *Science of the Total Environment*. <https://doi.org/10.1016/j.scitotenv.2020.141946>

Andersen, L., Harden, S.* , **Sugg, M.M.**, Runkle, J. and Lundquist, T.* (2021). Analyzing the Spatial Determinants of Local Covid-19 Transmission In The United States. *Science of the Total Environment*.
<https://doi.org/10.1016/j.scitotenv.2020.142396>

Runkle, JD, Michael, K, Stevens, S., and **Sugg, M.M** (2021). Quasi-Experimental Evaluation of Text-based Crisis Patterns in Youth following Hurricane Florence in the Carolinas, 2018. *Science of the Total Environment*.
<https://doi.org/10.1016/j.scitotenv.2020.141702>

Sugg, M.M., Woolard, S.* , Lawrimore, M.* , Michael, K., and Runkle, J. (2020) “Spatial Clustering of Suicides and Neighborhood Determinants in North Carolina, 2000 to 2017” *Applied Spatial Analysis and Policy*.
<https://doi.org/10.1007/s12061-020-09364-1>

Sugg, M.M., Runkle, J.D., Leeper, R., Bagli, H.* , Golden, A.* , Handwerger L.* , Magee, T.* , Moreno, C.* , Reed-Kelley, R.* Taylor, S.* , Woolard, S.* , (2020) “A Scoping Review of Drought Impacts on Health and Society in North America.” *Climatic Change*. <https://doi.org/10.1007/s10584-020-02848-6>

Byrd, B., Richards, S., Runkle, J, and **Sugg, M.M.**, (2020) Vector-borne Diseases and Climate Change: North Carolina Policy Should Promote Resilience at Regional Scale. *North Carolina Medical Journal*. 81:324-330;
<https://doi.org/10.18043/nmc.81.5.324>

Runkle, JD, **Sugg, M.M.**, Ronald D. Leeper, Yuhan Rao, Jessica L Matthews, Jared J Rennie (2020). Short-term Effects of Specific Humidity and Temperature on COVID19 Morbidity in select US cities. *Science of the Total Environment*. <https://doi.org/10.1016/j.scitotenv.2020.140093>

Nelson, K. *, J. D, Runkle, **Sugg, M.M.** (2020). Reporting back environmental health data among outdoor occupational workers in the cold season in North Carolina, USA. *Southeastern Geographer*, 60(2), 159-182. <https://doi:10.1353/sgo.2020.0013>

Sugg, M. M., Fuhrmann, C. M., & Runkle, J. D. (2020). Geospatial Approaches to Measuring Personal Heat Exposure and Related Health Effects in Urban Settings. In *Geospatial Technologies for Urban Health* (pp. 13-30). Springer, Cham. https://doi.org/10.1007/978-3-030-19573-1_2

Wilson, M*, Lane, S, Mohan, R., and **Sugg, M.M** (2020). Internal and External Validation of Vulnerability Indices: A Case Study of the Multivariate Nursing Home Vulnerability Index. *Natural Hazards*. 1-24. <https://doi.org/10.1007/s11069-019-03837-4>

Bailey, E*, Fuhrmann, C., Runkle, J, Stevens, S, Brown, M., and **M. Sugg**. (2020). Wearable Sensors for Personal Temperature Exposure Assessments: A Comparative Study. *Environmental Research*, 180, 108858. <https://doi.org/10.1016/j.envres.2019.108858>

Osborne, Z. *, S. van de Gevel, M. Eck*, and **Sugg, M. M.** (2020). An Assessment of Geospatial Technology Integration in K-12 Education. *Journal of Geography*. <https://doi.org/10.1080/00221341.2019.1640271>

Sugg, M.M., Fuhrmann, C.M, and J.D. Runkle. (2020). Perceptions and experiences of outdoor occupational workers using digital devices for geospatial biometeorological monitoring. *International Journal of Biometeorology*. <https://doi.org/10.1007/s00484-019-01833-8>

Sugg, M.M., Michael, K. Stevens, S. Filbin, B., Weiser, J., and J. Runkle (2019). Crisis Events in Youth following Celebrity Suicides and the Release of 13 Reasons Why Season 2: A Case Study of Summer 2018. *Preventative Medicine Reports* <https://doi.org/10.1016/j.pmedr.2019.100999>

Runkle, J.D., Cui, C. *, Fuhrmann. C.M., Stevens, S, Del Pinal, J. and **Sugg, M.M.** (2019) Evaluation of Wearable Sensors for Physiologic Monitoring of Individually Experienced Temperatures in Outdoor Workers in Southeastern US *Environmental International* <https://doi.org/10.1016/j.envint.2019.05.026>

Thompson, K., **Sugg, M. M.**, & Barth, M. (2019). The North Carolina Food Pantry Organizational Capability and Mapping Study. *Journal of Agriculture, Food Systems, and Community Development*, 9(1), 1-13. <https://doi.org/10.5304/jafscd.2019.091.031>

Sugg, M. M., Stevens, S. S., & Runkle, J. D. (2019). Estimating Personal Ambient Temperature in Moderately Cold Environments for Occupationally Exposed Populations. *Environmental Research*. <https://doi.org/10.1016/j.envres.2019.03.066>

Andersen, L.M.*, and **M.M. Sugg** (2019). Geographic Multi-Criteria Evaluation and Validation: A Case Study of Wildfire Vulnerability in Western North Carolina, USA Following the 2016 Wildfires. *International Journal of Disaster Risk Reduction*. <https://doi.org/10.1016/j.ijdrr.2019.101123>

Sugg, M.M., P. Grady Dixon, and J. Runkle (2019). Crisis Support-Seeking Behavior and Temperature in the United States: Is there an Association in Young Adults and Adolescents? *Science of the Total Environment*. <https://doi.org/10.1016/j.scitotenv.2019.02.434>

Wilson, M.*, **M.M. Sugg** and S. Lane (2019). Identifying Multivariate Vulnerability of Nursing Home Facilities throughout the Southeastern United States. *International Journal of Disaster Risk Reduction*. <https://doi.org/10.1016/j.ijdrr.2019.101106>

Thompson, L.C.*, Michael, K., Runkle, J.D., and **M.M. Sugg**. (2019). Crisis Text Line Use Following the Release of Netflix Series 13 Reasons Why Season 1: Time Series Analysis of Help-Seeking Behavior in Youth. *Preventative Medicine Reports*, <https://doi.org/10.1016/j.pmedr.2019.100825>

Runkle, J.D., **Sugg, M.M.**, Boase, D.*, Galvin, and S., Coulson, C. (2019) Use of Wearable Sensors for Pregnancy Health and Environmental Monitoring: Descriptive Findings from the Perspective of Patients and Providers. *Digital Health*. <https://doi.org/10.1177/2055207619828220>

Andersen, L. M.*, Bonevac, A. N.*, Thompson, L. K.*, Dempsey, K. E., Shay, E. D., & **Sugg, M. M.** (2019). Understanding Key Informant Experiences and Perceptions of the 2016 Drought and Wildfires in Western North Carolina, USA. *Weather, Climate, and Society* <https://doi.org/10.1175/WCAS-D-18-0061.1>

Thompson, L.C.*, **Sugg, M.M.**, Runkle, J.D. (2018) Adolescents in Crisis: A Geographic Exploration of Help-Seeking Behavior Using Data from Crisis Text Line, *Social & Scientific Medicine*, 215, 69-79. <https://doi.org/10.1016/j.socscimed.2018.08.025>

Sugg, M. M., (2018). Heat-Health Vulnerability in North Carolina. *North Carolina Medical Journal*, 79:320-321; <https://doi.org/10.18043/ncm.79.5.320>

Sugg, M. M., Fuhrmann, C. M., & Runkle, J. D. (2018). Temporal and spatial variation in personal ambient temperatures for outdoor working populations in the southeastern USA. *International Journal of Biometeorology*, 1-14. <https://doi.org/10.1007/s00484-018-1553-z>

Thompson, L.C.*, **Sugg, M.M.**, and Runkle, J. D. (2018). Report-Back for Geo-referenced Environmental Data: A Case Study on Personal Monitoring of Temperature in Outdoor Workers. *Geospatial Health*, 13(1). DOI <https://doi.org/10.4081/gh.2018.629>

Fuhrmann, C. M., **Sugg, M. M.**, and Konrad, C. E. (2016). Airborne Pollen Characteristics and the Influence of Temperature and Precipitation in Raleigh, North Carolina, USA (1999-2012). *Aerobiologia*. 32(4), 683-696. <https://doi.org/10.1007/s10453-016-9442-6>

Sugg, M.M., Konrad C.E., and Fuhrmann, C.M. (2016). Relationships between Maximum Temperature and Heat-Related Illness across North Carolina, USA. *International Journal of Biometeorology*, 1-13. <https://doi.org/10.1007/s00484-015-1060-4>

Fuhrmann, C. M., **Sugg, M. M.**, Konrad, C. E., and Waller, A. (2016). Impact of Extreme Heat Events on Emergency Department Visits in North Carolina (2007 to 2011). *Journal of Community Health*, 1-11. <https://doi.org/10.1007/s10900-015-0080-7>

Kovach, M.M., Konrad C.E., and Fuhrmann, C.M. (2015). Area-level Risk Factors for Heat-Related Illness in Rural and Urban Locations across North Carolina, USA. *Applied Geography*, 60, 175-183. <https://doi.org/10.1016/j.apgeog.2015.03.012>

Kovach, M. M., and C. E. Konrad (2014). The Spatial Distribution of Tornadoes and High Wind Impacts Associated with Inland-Moving Tropical Cyclones in the Southeastern United States. *Physical Geography*, 35, 245-271. <https://doi.org/10.1080/02723646.2014.909231>

Fuhrmann, C. M., Konrad, C. E., **Kovach, M. M.**, McLeod, J.T., Schmitz, W. G., and Dixon, P. G. (2014). Ranking of Tornado Outbreaks across the United States and their Climatological Characteristics. *Weather and Forecasting*, 29, 684-701. <https://doi.org/10.1175/WAF-D-13-00128.1>

Fuhrmann, C.M., Konrad C.E., **Kovach, M.M.**, Perkins, D.J. (2011). The August 2007 Heat Wave in North Carolina: Meteorological Factors and Local Variability. *Physical Geography*, 32, 217-240. <https://doi.org/10.2747/0272-3646.32.3.217>

GRANTS and FELLOWSHIPS (External)

National Institute of Environmental Health Sciences, *A Causal Analysis of the Complex Mental Health Impacts of the Climate Crisis in Young People*. (2021-2024). **\$413,597.00 PENDING**

National Institute of Environmental Health Sciences, *Climate Change Impacts on Maternal Health in a Southern Birth Cohort: A Causal Analysis* (2021-2023). **\$152,478.00 PENDING**

National Science Foundation, Geography, and Spatial Sciences, *CAREER: The Geography of Mental Health: Understanding contextual, compositional, and external stressors*. **\$413,769** (2020 – 2025).

American Foundation of Suicide Prevention, *Suicide, Suicide Attempts, and Help-Seeking: A Spatiotemporal Analysis of Potential Risk Factors for Identification of Vulnerable Locations and Populations in North Carolina*, Co-PI: Dr. Jennifer Runkle and Dr. Kurt Michael **\$99,990** (2020-2022)

National Hazards Center, Working Group for Public Health and Social Sciences Research. Supported by the National Science Foundation-funded Social Science Extreme Events Research (SSEER) network and the CONVERGE facility at the Natural Hazards Center at the University of Colorado Boulder. Appalachian Regional COVID-19 Collaborative **\$1,000** (2020). Co-PI: Dr. Jennifer Runkle.

Oak Ridge Associated Universities, Event Grant, "Early Career Faculty Collaboration on Wearable Sensors for Individual Temperature Monitoring in the Southeastern US" **\$4,000** (2020). Co-PI: Dr. Jennifer Runkle, Dr. Christopher Fuhrmann, Dr. Kelsey Ellis, Dr. Alisa Hass.

North Carolina Occupational Safety and Health Pilot Project, University of North Carolina Gillings School of Public Health, *Continuous Monitoring of Individual Exposure to Cold Work Environments*, Co-PI: Dr. Jennifer Runkle, Laura Thompson, **\$10,000** (2018).

National Institute of Occupational Safety and Health Pilot Project, Sunshine Education and Research Center, *Continuous Monitoring of Individual Exposure to Cold Work Environments*, Co-PI: Dr. Jennifer Runkle, **\$13,497** (2016 –2018).

Oak Ridge Associated Universities, Research and Development Grant, *Developing a Novel Early Warning System Using Individually Experienced Temperature in Outdoor Workers: A Sensor-based Approach*, Co-PI: Dr. Jennifer Runkle, **\$456.66** (2018).

Oak Ridge Associated Universities, Travel Grant, *Pilot Funds for Collaboration at North Carolina State*

University, **\$800** (2016).

AAG Research Grant, Association of American Geographers, *A Multiscale Approach to Assessing Heat-Health Vulnerability*. **\$500** (2016).

Grant, Southeast Regional Climate Center (SERCC) and Carolina Integrated Science Assessment (CISA), *Development of Heat-Health Vulnerability Tool*. **\$10,355** (2016).

Science to Achieve Results Fellowships (STAR) for Graduate Environmental Study, Environmental Protection Agency, and Category: Human Health Risk Assessment: Public Health (No. F13D10708), *Identifying Climate Thresholds for Heat-related Illness in North Carolina*. **\$84,000** (2014-2016).

Doctoral Dissertation Research Improvement Grant (DDRI), National Science Foundation, and Category: Geography and Spatial Science (No. 1434202), *Identifying Climate Thresholds for Heat-related Illness in North Carolina*, **\$10,603** Co-PI: Dr. Charles E. Konrad (2014 –2015).

North Carolina ArcGIS User Group, Student Scholarship, *Using GIS to Evaluate Tornado Vulnerability*, **\$500** (2012).

GRANTS and FELLOWSHIPS (Internal)

Conducting Complex Research Together (CONCERT) Grants, "The mental health effects of compounding disasters: A case study of the 2020 wildfire events in the context of the COVID-19 pandemic," Appalachian State University's Research Institute for Environment, Energy, and Economics (RIEEE), **\$4,977** (2020-2021). [PI(s): Jennifer Runkle, Maggie Sugg, Kurt Michael]

Undergraduate Research Assistantship Awards, "Understanding the concurrent risk of mental health, poor air quality, and dangerous wildfire events in the COVID19 pandemic," Office of Student Research, Appalachian State University, **\$1,000** (Spring 2021). [Co-PI: Dr. Jennifer Runkle]

Conducting Complex Research Together (CONCERT) Grants, "Factors contributing to Nursing Home resilience in the face of COVID-19 for North Carolina," Appalachian State University's Research Institute for Environment, Energy, and Economics (RIEEE), **\$9,553** (2020-2021). [PI: Sandi Lane, Co-PI: Dr. Adam Hege, Dr. Lakshmi Iyer, Dr. Trent Spaulding]

Graduate Research Assistant Mentoring Program, "Analyzing Mental Health Crisis Response in the U.S. to COVID-19," Cratis D. Williams School of Graduate Studies, **\$24,000**, (2021-2023) [Co-PI: Dr. Jennifer Runkle]

COVID-19 Research Clusters Funding Opportunity, "A spatiotemporal investigation of crisis events among adolescents and young adults following the COVID-19 pandemic in Rural Environments," The Office of Research, Appalachian State University, **\$4,000** (2020) [Co-PI: Dr. Jennifer Runkle, Dr. Kurt Michael]

COVID-19 Research Clusters Funding Opportunity, "Assessing and mapping the socioeconomic determinants of COVID-19 risk," The Office of Research, Appalachian State University, **\$3,510** (2020) [PI: Lauren Andersen, Co-PI: Dr. Jennifer Runkle, Dr. Elizabeth Shay, Dr. Rene Salinas]

COVID-19 Research Clusters Funding Opportunity, "Factors contributing to the spread of COVID-19 in nursing homes, The Office of Research, Appalachian State University, **\$8,000** (2020) [PI: Sandi Lane, Co-PI: Dr. Adam Hege, Dr. Lakshmi Iyer, Dr. Trent Spaulding]

Undergraduate Research Assistantship Awards, "Mapping Social Determinants of Health for North Carolina," Office of Student Research, Appalachian State University, **\$1,000** (Spring 2020).

Faculty Reassigned Time Pilot Program, Office of Research, Appalachian State University, **\$3,000** (Spring 2020).

Conducting Complex Research Together (CONCERT) Grants, "Climate Change and Mental Health," Appalachian State University's Research Institute for Environment, Energy, and Economics (RIEEE), **\$5,000** (2020).

Summer Stipend for Writing A Grant (SWAG) Competition, “A Place-Based Approach to Temperature and Mental Health: Decoupling Social and Environmental Exposures of Mental Health and Well-Being,” Office of Research, Appalachian State University, **\$3,500** (2019).

Graduate Research Associate Mentor (GRAM) Program Award, “Southern Appalachian Mountain Vulnerability and Resilience,” Cratis D. Williams School of Graduate Students, Appalachian State University, **\$24,000** (2018 –2020). [Co-PIs: Dr. Elizabeth Shay, Dr. Kara Dempsey]

University Research Council Grant, “Exposure to Thermal Extremes and Seasonal Trends in Hypertensive Complications during Pregnancy: A Retrospective Study of Women in North Carolina,” Office of Research, Appalachian State University, **\$4,997.85** (2017 –2018). [Co PI: Dr. Jennifer Runkle]

Undergraduate Research Assistantship Awards, “Using wearable sensor technology to quantify the health effects of cold work environments: A Participatory Sensing Study,” Office of Student Research, Appalachian State University, **\$1,000** (Summer 2018).

Communication Grants, “Vulnerability and Resilience in the Southern Appalachian Mountains,” Appalachian State University’s Research Institute for Environment, Energy, and Economics (RIEEE), **\$3,000** (Summer 2018).

Faculty Reassigned Time Pilot Program, Office of Research, Appalachian State University, **\$3,000** (2018).

Undergraduate Research Assistantship Awards, “Using wearable sensor technology to quantify the health effects of cold work environments: A Participatory Sensing Study,” Office of Student Research, Appalachian State University, **\$1,000** (Spring 2018).

Conducting Complex Research Together (CONCERT) Grants, “Vulnerability and Resilience in the Southern Appalachian Mountains,” Appalachian State University’s Research Institute for Environment, Energy, and Economics (RIEEE), **\$5,000** (2018).

Sustaining Collaborative Opportunities for Research & Education (SCORE) Community of Practice Planning Awards, “Hazard Vulnerability Assessment for Nursing Home and Long-Term Care Facilities in the Southeastern US,” Appalachian State University’s College of Arts and Sciences, **\$999.00** (2017).

Graduate Research Associate Mentor (GRAM) Program Award, “Hazard Vulnerability Assessment for Nursing Home and Long-Term Care Facilities in the Southeastern US,” Cratis D. Williams School of Graduate Students, Appalachian State University, **\$24,000** (2018 –2020). [Lead PI: Dr. Sandi Lane]

Summer Support, “Hazard Vulnerability Assessment for Nursing Home and Long-Term Care Facilities in the Southeastern US,” Beaver College of Health Sciences, Appalachian State University, **\$5,000** (2017-2018). [Lead PI: Dr. Sandi Lane]

University Research Council Grant, “Hazard Vulnerability Assessment for Nursing Homes in the Southeastern US,” Office of Research, Appalachian State University, **\$3,686.04** (2017 –2018). [Lead PI: Dr. Sandi Lane]

Summer Grant, “Continuous Monitoring of Individual Exposure in Thermal Extreme Environments,” Appalachian State University’s College of Arts and Sciences, **\$2,500** (2017).

Undergraduate Research Assistantship Awards, “Pregnancy Health and Environmental Monitoring in a Rural Mountain Environment,” Office of Student Research, Appalachian State University, **\$1,000** (2017).

Student and Faculty Excellence Fund (SAFE), “Examining Relationships between Mental Stress and Climatic Extremes,” Appalachian State University’s College of Arts and Sciences, **\$2,550** (2017).

Student and Faculty Excellence Fund (SAFE), “Pregnancy Health and Environmental Monitoring in a Rural Mountain Environment,” Appalachian State University’s College of Arts and Sciences, **\$650** (2017).

Conducting Complex Research Together (CONCERT) Grants, "Vulnerability and Resilience in the Southern Appalachian Mountains," Appalachian State University's Research Institute for Environment, Energy, and Economics (RIEEE), **\$4,916** (2017).

Undergraduate Research Assistantship Awards, "Individual Experienced Temperature among Ground Workers at Three Geographic Locations," Office of Student Research, Appalachian State University, **\$1,000** (2016).

University Research Council Grant, "Personal Monitoring of Occupational Heat Exposure: An Environmental Participatory Sensing Study," Office of Research, Appalachian State University, **\$3,394** (2016 –2017).

Graduate Research Associate Mentor (GRAM) Program Award, "Identifying Climate Vulnerability and Community Resilience in the Southern Appalachian Mountains," Cratis D. Williams School of Graduate Students, Appalachian State University, **\$24,000** (2016 –2018).

Conducting Complex Research Together (CONCERT) Grants, "Vulnerability and Resilience in the Southern Appalachian Mountains," Appalachian State University's Research Institute for Environment, Energy, and Economics (RIEEE), **\$5,000** (2016).

Faculty Reassigned Time Pilot Program, Office of Research, Appalachian State University, **\$3,400** (2016).

Dissertation Completion Fellowship, "Climate Thresholds for Heat-Related Illness in North Carolina," University of North Carolina at Chapel Hill Graduate School, **\$16,000** (2015). [Declined for EPA STAR fellowship]

Douglas Eyre Travel Grant, Department of Geography, University of North Carolina at Chapel Hill, **\$1,000** (2010-2011).

Burgess McSwain Travel Award, University of North Carolina at Chapel Hill, **\$1,000** (2008).

External GRANTS and FELLOWSHIPS (Not Funded)

National Science Foundation, Collaborative Research, HDR DSC: *The Civically-Engaged Data Science Co-op*. **\$1,057,144** (2021-2024). PI: Dr. Nicholas Nagle. co-PI: Dr. Maggie Sugg, Dr. Cameron Lippard, Dr. Felicia Arriaga, Dr. Lasanthi Pelawa Watagoda.

American Foundation of Suicide Prevention, *Analyzing Mental Health Crisis Response in the U.S. to COVID-19: Insights from a Nationwide Digital Cohort*, PI: Dr. Jennifer Runkle, co-PI: Dr. Maggie Sugg and Dr. Kurt Michael **\$99,990** (2021-2023).

National Science Foundation, Humans, Disasters, and the Built Environment, *RUI: Assessing Vulnerability of Nursing Home Facilities and their Residents to Extreme Weather Events*. Co-PI: Dr. Sandi Lane, **\$217,792** (2021 – 2023).

National Science Foundation, Geography and Spatial Sciences, *CAREER: A Place-Based Approach to Temperature and Mental Health: Decoupling Social and Temperature Exposures to Mental Health and Well-Being* **\$426,359** (2020 – 2025).

American Foundation of Suicide Prevention, *Suicide, Suicide Attempts, and Help-Seeking: A Spatiotemporal Analysis of Potential Risk Factors for Identification of Vulnerable Locations and Populations in North Carolina*, Co-PI: Dr. Jennifer Runkle and Dr. Kurt Michael **\$30,000** (2018-2020)

National Institute of Environmental Health Sciences, NIHR3: *Investigating the Effect of Ambient Temperature and Associated Hot and Cold Extremes on Mental Health: A Retrospective State-based Analysis* (2019-2021) **\$50,000**, Co-PI: Dr. Jennifer Runkle

National Institute of Environmental Health Sciences, NIHR3: *Examining Temperature Sensitivity in Severe Maternal Morbidity as a Surveillance Indicator for Climate-Related Health Impacts: An Exploratory Population-based Study* (2019-2021) **\$50,000**, Co-PI: Dr. Jennifer Runkle

National Science Foundation, Humans, Disasters, and the Built Environment, *RUI: Assessing Vulnerability of Nursing Home Facilities and their Residents to Extreme Weather Events* Co-PI: Dr. Sandi Lane, **\$217,071** (2019 – 2021).

National Science Foundation, Geography and Spatial Sciences, *RUI: Continuous Monitoring of Individual Heat Exposure for Heat Warnings: A Geo-Sensing Study in Outdoor Workers*, Co-PI: Dr. Jennifer Runkle, **\$199,206** (2019 – 2021).

National Science Foundation, Geography and Spatial Sciences, *RUI: Continuous Monitoring of Individual Exposure to Work in Thermal Extreme Environments: A Participatory Geo-Sensing*, Co-PI: Dr. Jennifer Runkle, **\$228,808** (2018 – 2020).

National Science Foundation, Geography and Spatial Sciences, *RUI: Continuous Monitoring of Individual Exposure to Work in Thermal Extreme Environments: A Participatory Geo-Sensing*, Co-PI: Dr. Jennifer Runkle, **\$260,152** (2017 – 2019).

National Science Foundation, Join NSF/NIH Initiative on Quantitative Approaches to Biomedical Big Data. *QuBBD: Collaborative Research: An Approach for Integrating Wearable-Sensor Based Data in Mathematical Models for Pregnancy Health and Environmental Monitoring* Co-PIs: Dr. Jennifer Runkle, Dr. Jessica Matthews, **\$298,895** (2017 – 2019).

Environmental Protection Agency, Integrating Human Health and Well-Being with Ecosystem Services, *From Collective Knowledge to Action: Water resources, Public Health, and Adaptive Planning in a Rural Mountain Environment*, Co-PIs: Dr. Jennifer Runkle, Dr. Elizabeth Shay, Dr. Kara Dempsey **\$399,787** (2017 –2020).

National Institute of Occupational Health Exploratory and Developmental Grant Program (R21), National Institute of Health, *Personal Monitoring of Occupational Heat Exposure: An Environmental Participatory Sensing Study*, **\$277,410** (2016 –2018). Co-PIs: Dr. Jennifer Runkle, Dr. Christopher Fuhrmann

INVITED OFF-CAMPUS TALKS

- 2021 “Personal Monitoring of Temperature Exposure Using a Sensor-based Approach: A Case Study of Grounds Workers in the Southeast,” Carolinas Heat-Health Coalition (CHHC) meeting, Webinar
- 2020 “Wearable Sensors and Heat Exposure,” Charleston Medical District Heat Charrette, Webinar
- 2020 “Heat and Climate Change” North Carolina State Climate Office, Warming Temperatures and Heat Webinar for NC Cooperative Extension, Webinar
- 2020 “Orienting Oneself Around Climate Change in 2020” East Tennessee State University, Webinar
- 2020 “Rising Temperatures and its Effects on Humans and Animals” Environmental Defense Fund, Webinar
- 2020 “Climate Change and Your Health” Asheville Museum of Science Pub Series, Asheville, NC (canceled for COVID19)
- 2018 “Continuous Monitoring of Individual Exposure in Thermal Extreme Environments: A Participatory Geo-Sensing Study,” MPE 2013+ Workshop on Urban Environmental Sustainability in a Smart and Connected World, University of Georgia.
- 2017 “Continuous Monitoring of Individual Exposure in Thermal Extreme Environments: A Participatory Geo-Sensing Study,” Department of Geography and Earth Sciences Seminar Series, University of North Carolina at Charlotte.
- 2017 “A Multi-Scale Investigation of Heat-Health Vulnerability” Department of Geography Colloquium, University of North Carolina at Greensboro.
- 2015 “Heat-Health Impacts in North Carolina across the Rural and Urban Continuum,” Institute for the Environment’s Brown Bag Lunch Seminar, University of North Carolina at Chapel Hill.
- 2014 “Heat-Health Vulnerability: Identifying Climate Thresholds for Heat-Related Illness in North Carolina” Colloquium: Graduate Research Celebration, University of North Carolina at Chapel Hill.

PAPER PRESENTATIONS (*indicates student presentation)

- Michael, M., **M. M. Sugg**, and J. D. Runkle. Crisis Help-Seeking Among Essential Workers and School-Aged Children of Frontline Workers during the COVID-19 Pandemic. Oral presentation at the *Society for Prevention Research Virtual 29th Annual Meeting on Addressing Racism and Disparities when Considering Biology and Context*, June 2021.
- Hass, A., **M.M. Sugg**. “Do the extreme heat and dryness resulting from flash droughts affect mortality in the Southeastern US?” *Annual Meeting of the Association of American Geographers*, Seattle, WA. April 2021.
- Lane, S., Hege, A., Spaulding, T, Iyer, L, and **Sugg, M.M.**, Covid-19 and nursing home care in the US: Regional differences associated with disparities in race, ethnicity and community and facility characteristics.” Research and Creative Activity at Appalachian State University (RECAAP). September 2020.
- Thompson, L.K*, Michael, M., Runkle JD., and **Sugg, M.M.**, Crisis Text Line Use Following the Release of Netflix Series 13 Reasons Why Season 1: Time Series Analysis of Help-Seeking Behavior in Youth. *52nd American Association of Suicidology*. April 2019
- Cotuna, A.* , Michael, K, Youngstorm, E, Chopin, G., Thompson, L, K. **Sugg, M.M.** Jameson JP, J Hersh “Using Wikiversity to Promote the Science of Suicide Prevention: Helping Give Away Psychological Science (HGAPS)” *52nd American Association of Suicidology*. April 2019
- Wilson, M.* , **Sugg, M.M.**, Lane, S. “Internal and External Validation of the Multivariate Nursing Home Vulnerability Index,” *Annual Meeting of the Association of American Geographers*, Washington, D.C. April 2019.
- Sugg, M.M.**, Dixon, G.P, Thompson, LC* and Runkle, J.R., Fuhrmann, C.M., and Stevens, S., “Crisis Support Seeking Behaviors: Is there an Association in Young Adults and Adolescents,” *Southeastern Division of the Association of American Geographers*, Johnson City, TN, November 2018.
- Sugg, M.M.**, Runkle, J.R., Fuhrmann, C.M., and Stevens, S., “Continuous Monitoring of Individual Exposure in Extreme Thermal Environments: A Participatory Geo-Sensing Study,” *Carolina Climate Resilience Conference*, Columbia, SC, November 2018.
- Wilson, M.* , **Sugg, M.M.**, Lane, S. “A Spatial Evaluation of Nursing Home Vulnerability in the Southeastern United States,” *Carolina Climate Resilience Conference*, Columbia, SC, November 2018.
- Costa, M.* , Porter, J.* , Harden, S.* , Schroeder, J., Sugg, M, M., Shay, E, Bouldin, E, and Hege, A., “Water Crisis and Wildfire Communication in Appalachia: A local health department/university collaborative between AppHealthCare and Appalachian State University” *North Carolina Public Health Association Conference*, Charlotte, NC. September 2018.
- Thompson, L.C.* , **Sugg, M.M.**, Runkle, J.R., “Adolescents in Crisis: A Spatial Exploration of Mental Distress Using Data from Crisis Text Line,” *ASU’s Celebration of Student Research and Creative Endeavors*, Boone, NC, April 2018.
- Sugg, M.M.**, Runkle, J.R., Fuhrmann, C.M., and Stevens, S., “Continuous Monitoring of Individual Exposure in Extreme Thermal Environments: A Participatory Geo-Sensing Study,” *Annual Meeting of the Association of American Geographers*, New Orleans, LA, April 2018.
- Thompson, L.C.* , **Sugg, M.M.**, Runkle, J.R., “Adolescents in Crisis: A Spatial Exploration of Mental Distress Using Data from Crisis Text Line,” *Annual Meeting of the Association of American Geographers*, New Orleans, LA, April 2018.
- Andersen, L.* , and **Sugg, M.M.**, “An Assessment of Wildfire Vulnerability in Western North Carolina, USA Following the 2016 Wildfires,” *Annual Meeting of the Association of American Geographers*, New Orleans, LA, April 2018.

- Fuhrmann, C.M., **Sugg, M.M.**, and J.R. Runkle, Assessment Of Personal Heat Exposure Among Grounds Management Workers In The Southeast USA. *Southeastern Division of the Association of American Geographers*, Starkville, MS, November 2017
- Runkle, J.R., **Sugg, M.M.**, and Boase D. Galvin, S, and Coulson, C, “Wearable sensors for continuous pregnancy health and environmental monitoring: From a patient and provider perspectives.,” *American Public Health Association*, Atlanta, GA, November 2017
- Runkle, J.R., **Sugg, M.M.**, Fuhrmann C.M., and Sevens, S, “Use of Wearable Sensor Technology as a Surveillance Tool to Measure Climate-related Changes in Heat Exposure among Outdoor Workers.,” *American Public Health Association*, Atlanta, GA, November 2017
- Runkle, J.R., **Sugg, M.M.**, and Fuhrmann C.M., “Personal Monitoring of Individual Temperature Experience in Outdoor Workers using Wearable Sensors” *Integrating Exposure Science Across Diverse Communities*, Raleigh, NC, October 2017
- Fuhrmann, C.M., **Sugg, M.M.**, Runkle, J.R., “Temporal and Spatial Variations in Personal Ambient Temperatures (PATs) for Outdoor Working Populations in the Southeast US,” *International Congress of Biometeorology*, Durham, England, UK, September 2017
- Fuhrmann, C.M., **Sugg, M.M.**, Runkle, J.R., and Stevens, S., “Personal Monitoring of Occupational Heat Exposure among Grounds Management Workers: Preliminary Results from Three University Campuses,” *American Meteorological Society*, Seattle, WA, January 2017
- Sugg, M.M.**, Runkle, J.R., Fuhrmann, C.M., and Stevens, S., “Individual Experienced Heat Exposure among Grounds Management Workers across Three Geographic Regions,” *Southeastern Division of the Association of American Geographers*, Columbia, SC, November 2016.
- Sugg, M.M.**, Fuhrmann, C.M., and Konrad, C.E., “Spatiotemporal Patterns of Hypothermia,” *Southeastern Division of the Association of American Geographers*, Pensacola, FL, November 2015.
- Kovach, M.M.**, Konrad, C.E., and Fuhrmann, C.M., “Heat-Related Illness in Rural and Urban Setting across North Carolina.” *111th Annual Meeting of the Association of American Geographers*, Chicago, IL. April 2014.
- Konrad, C.E, **Kovach, M.M.**, and Fuhrmann, C.M., “Relationships between Maximum Temperature and Heat-Related Illness,” *Sixth Conference on Environment and Health*, American Meteorological Society, Phoenix, AZ January 2015.
- Kovach, M.M.**, “Relationships between Maximum Temperature and Heat-Related Illness,” *Southeastern Division of the Association of American Geographers*, Athens, GA, November 2014.
- Kovach, M.M.**, and Konrad, C.E., “Using Geographic Information Systems to Construct an Inland Track Following Coordinate System,” *Innovative Use of Geographic Information Systems Graduate Student Competition*, Chapel Hill, NC, November 2014.
- Konrad, C.E., **Kovach, M.M.**, and Fuhrmann, C.M., “Relationships between Temperature and Heat-Related Illness across North Carolina,” *20th International Congress of Biometeorology*, Cleveland, OH, September 2014.
- Fuhrmann, C.M., Konrad, C.E., and **Kovach, M.M.**, “Evaluation of Effectiveness of National Weather Service Heat Forecasts in North Carolina,” *20th International Congress of Biometeorology*, Cleveland, OH, September 2014.
- Kovach, M.M.**, Konrad, C.E., and Fuhrmann, C.M., “Identifying Heat Vulnerability through Temperature Thresholds in North Carolina,” *21st Conference on Applied Climatology*, Denver, CO. June 2014.
- Fuhrmann, C.M., **Kovach, M.M.**, and Konrad, C.E., “The Effect of Extreme Heat on Human Health in North Carolina,” *21st Conference on Applied Climatology*, Denver, CO. June 2014.
- Kovach, M.M.**, Konrad, C.E., and Fuhrmann, C.M., “Connecting the Dots: Identifying Heat Vulnerability in North Carolina,” *Carolina’s Climate Resilience Conference*, Charlotte, NC. April 2014.

- Kovach, M.M.**, and Konrad C.E., "Temperature Thresholds for Heat Related Illness in North Carolina," *110th Annual Meeting of the Association of American Geographers*, Tampa, FL. April 2014.
- Konrad, C.E., **Kovach M.M.**, and Fuhrmann, C.M., "Trends in Tornado Vulnerability across the United States," *110th Annual Meeting of the Association of American Geographers*, Tampa, FL. April 2014.
- Fuhrmann, C.M., **Kovach, M.M.**, and Konrad, C.E., "The Effect of Extreme Heat on Human Health in North Carolina," *110th Annual Meeting of the Association of American Geographers*, Tampa, FL. April 2014.
- Kovach, M.M.**, Suggs, J., and Konrad, C.E., "Fatalities Directly and Indirectly Related to Tropical Cyclones in the United States, 1970-2010," *Southeastern Division of the Association of American Geographers*, Roanoke, VA. November 2013.
- Fuhrmann, C.M., Their, L., **Kovach, M.M.**, and Konrad, C.E., "The Impact of Weather and Climate on Airborne Pollen Concentrations and Allergic Disease in Wake County, North Carolina," *Southeastern Division of the Association of American Geographers*, Roanoke, VA. November 2013.
- Konrad, C.E., **Kovach, M.M.**, and Fuhrmann, C.M., "Trends in Tornado Vulnerability across the United States," *Southeastern Division of the Association of American Geographers*, Roanoke, VA. November 2013.
- Fuhrmann, C.M., **Kovach, M.M.**, and Konrad, C.E., "Heat-Related illness in North Carolina: Who's at Risk?" *Annual Education Conference of the North Carolina Public Health Association*, New Bern, NC. September 2013.
- Kovach, M.M.**, and Konrad, C.E., "Climate-Health Vulnerability: Identifying Climate Thresholds for Heat-Related Illness in North Carolina," *109th Annual Meeting of the Association of American Geographers*, Los Angeles, CA. April 2013.
- Fuhrmann, C.M., Konrad, C.E., **Kovach, M.M.**, Boyles, R. and A. Hiatt., "Development of Web-Based Tool for Studying, Visualizing and Tracking the Public Health Impacts of Weather and Climate Events," *109th Annual Meeting of the Association of American Geographers*, Los Angeles, CA. April 2013.
- Konrad, C.E., **Kovach, MM**, Fuhrmann C.M., and J.T. McLeod., "Regional Variations in Tornado Vulnerability across the Eastern US," *109th Annual Meeting of the Association of American Geographers*, Los Angeles, CA. April 2013.
- Kovach, M.M.** and Harrison, C., "Heat – Related Illness and North Carolina: Linking Spatial Variations in Heat-Related Illness to Land Cover and Socioeconomic Patterns," *67th Annual Meeting of the Southeastern Division of the AAG*, Asheville, NC. November 2012. (Selected for PhD Honor's Competition)
- Kovach, M. M.** and Konrad, C.E. "Regional Variations in Tornado Vulnerability in the Eastern United States," *AMS 26th Conference on Severe Local Storms*, Nashville, TN, November 2012.
- Kovach, M.M.** and Konrad, C.E., "Using Geographic Information Systems to Evaluate Tornado Vulnerability," *North Carolina ArcGIS Users Group Conference*, Carolina Beach, NC. October 2012.
- Fuhrmann, C.M., **Kovach, M.M.**, and Konrad, CE, "Heat-Related Illness in North Carolina: Who's at Risk?" *Joint NOAA-CDC Symposium on Climate and Health*, Atlanta, GA, September 2013.
- Kovach, M.M** and Konrad, C.E., "The Spatial Distribution of Meteorological Impacts from Inland Moving Tropical Cyclones," *108th Annual Meeting of the Association of American Geographers*, New York, NY. February 2012 .
- Kovach, M.M.**, Fuhrmann, C.M., Konrad, C.E., and Harrison, C., "Community Level Indicators of Heat Related Morbidity in North Carolina," *American Meteorological Society 3rd Symposium on Environment and Health*, New Orleans, LA. January 2012 .
- Kovach, M.M.**, Konrad, C.E., and Carlson, G., "The Societal and Meteorological Impacts of Inland-Moving Tropical Cyclones across the Southeastern US," *107th Annual Meeting of the Association of American Geographers* Seattle, WA. April 2011.

- Kovach, M.M.**, Carlson, G., and Konrad, C.E., "The Societal Impacts of High Winds that Accompany Inland-Moving Tropical Cyclones across the Southeastern US," *106th Annual Meeting of the Association of American Geographers*, Washington, D.C. April 2010
- Fuhrmann, C.M., Konrad, C.E., **Kovach, M.M.**, and Perkins, D.J., "Meteorological and Climatologically Perspectives on the August 2007 Heat Wave in North Carolina," *65th Annual Meeting of the Southeastern Division of the AAG*, Birmingham, AL. November 2010.
- Fuhrmann, C.M., Easterling, D.R., Houston, T.G., **Kovach, M.M.**, Lutz, J.T., and Robinson, P.J., "Current and Future Applications of Climate Data and Services for the Health Sector," *American Meteorological Society 1st Symposium on Environment and Health*, Atlanta, GA. January 2010.

POSTER PRESENTATIONS

- Hajnos, S*, **Sugg, M.M.**, and J.D. Runkle., (2021) "Understanding the Concurrent Risk of Mental Health and Dangerous Wildfire Events in the COVID-19 Pandemic." *ASU's Celebration of Student Research and Creative Endeavors*, Boone, NC, April 2021
- Runkle, J, **Sugg, M.M.**, J Rennie, J Matthews, Y Rao, and R Leeper. "Acute effects of meteorological parameters on COVID-19 morbidity in the US: a case-crossover study with a distributed lag nonlinear model" *World Meteorological Organization's Climatological, Meteorological, and Environmental factors in the COVID-19 pandemic*, Published AGU Online.
- Mitchell, J.*, and **Sugg, M.M.**, "A Spatial Analysis of Social Determinants of Health in North Carolina," *Southeastern Division of the Association of American Geographers*, Online, November 2020. [honor's poster presentation]
- Harden, S. *, **Sugg, M.M.**, and Runkle, J.D., "A Spatiotemporal Analysis of Severe Maternal Morbidity in South Carolina," *ASU's Celebration of Student Research and Creative Endeavors*, Boone, NC, April 2020. [cancelled for COVID19]
- Woolard, S. *, **Sugg, M.M.**, and Runkle, J.D., "A Multi-Scale Analysis of Spatial and Temporal Suicide Patterns in North Carolina, 2000 to 2017," *ASU's Celebration of Student Research and Creative Endeavors*, Boone, NC, April 2020. [cancelled for COVID19]
- Mitchell, J. *, Andersen, L.M, Shay E., **Sugg, M.M.**, "A Spatial Analysis of Social Determinants of Health in North Carolina," *ASU's Celebration of Student Research and Creative Endeavors*, Boone, NC, April 2020. [cancelled for COVID19]
- Bailey, E. *, **Sugg, M.M.**, Fuhrmann, C.M., and Runkle J.D., "Personal Sensors for Temperature Exposure Assessments: A Validation Study," *ASU's Celebration of Student Research and Creative Endeavors*, Boone, NC, April 2019.
- Wilson, M. *, **Sugg, M.M.**, Lane, S., "Identifying Statistical Precision and Accuracy of Vulnerability Indices for the Southeastern United States," *ASU's Celebration of Student Research and Creative Endeavors*, Boone, NC, April 2019.
- Bailey, E. *, **Sugg, M.M.**, Fuhrmann, C.M., and Runkle J.D., "Personal Sensors for Temperature Exposure Assessments: A Validation Study," *Annual Meeting of the Association of American Geographers*, Washington, D.C. April 2019.
- Andersen, L. M. *, Bonevac, A. N. *, Thompson, L. K. *, Dempsey, K. E., Shay, E. D., and **Sugg, M.M.**, "An Assessment of Wildfire Vulnerability in Western North Carolina, USA Following the 2016 Wildfires," *Annual Meeting of the Association of American Geographers*, Washington, D.C. April 2019.
- Andersen, L. M. *, Bonevac, A. N. *, Thompson, L. K. *, Dempsey, K. E., Shay, E. D., and **Sugg, M.M.**, "An Assessment of Wildfire Vulnerability in Western North Carolina, USA Following the 2016 Wildfires," *International Mountain Studies Symposium*, Boone, NC, March 2019.

- Nelson, K. *, **Sugg, M.M.**, and Runkle J.D., "A Comparison Between Temperature Exposure and Physiological Risk Factors in an Occupational Setting," *ASU's Celebration of Student Research and Creative Endeavors*, Boone, NC, April 2018.
- Boase, D. *, **Sugg, M.M.**, and Runkle J.D., "Wearable Sensors for Continuous Pregnancy Health and Environmental Monitoring: From a Patient and Provider Perspective," *ASU's Celebration of Student Research and Creative Endeavors*, Boone, NC, April 2018.
- Bailey, E. *, and **Sugg, M.M.**, "Climate and Conflict Interactions: The Relationship Between Conflict Spikes and Climate Deviations in Northern Latin America," *ASU's Celebration of Student Research and Creative Endeavors*, Boone, NC, April 2018.
- Andersen, L. *, and **Sugg, M.M.**, "An Assessment of Wildfire Vulnerability in Western North Carolina, USA Following the 2016 Wildfires ," *ASU's Celebration of Student Research and Creative Endeavors*, Boone, NC, April 2018.
- Wilson, M. *, Andersen, L. *, **Sugg, M.M.**, Lane, S., A Socio-Ecological and Spatial Analysis of Nursing Home Vulnerability in the Southeastern United States," *ASU's Celebration of Student Research and Creative Endeavors*, Boone, NC, April 2018.
- Nelson, E. *, Wilson, M. *, **Sugg, M.M.**, Lane, S., Hazard Vulnerability Assessment for Nursing Home Facilities in North Carolina, *Southern Gerontological Society*, Buford, GA, April 2018
- Wilson, M. *, Andersen, L. *, **Sugg, M.M.**, Lane, S., A Socio-Ecological and Spatial Analysis of Nursing Home Vulnerability in the Southeastern United States, *Annual Meeting of the Association of American Geographers*, New Orleans, LA, April 2018
- Runkle, J.D., Thompson, L.C. *, and **Sugg, M.M.**, "Report-Back for Location-based Personal Monitoring Data on Individual Experienced Temperature in Outdoor Workers" *Integrating Exposure Science Across Diverse Communities*, Raleigh, NC, October 2017
- Thompson, L.C. *, **Sugg, M.M.**, Runkle, J.D., and Fuhrmann, C.M., "Reporting Back Environmental Exposures: A Case Study of Environmental Health Literacy and Individual Experienced Temperature among Ground Maintenance Workers," *Celebration of Student Endeavors*, Boone, NC, April 2017
- Stine, W. *, **Sugg, M.M.**, and Runkle, J.D., "Spatiotemporal Patterns of Mental Stress across the United States.," *Celebration of Student Endeavors*, Boone, NC, April 2017
- Thompson, L.C. *, **Sugg, M.M.**, Runkle, J.D., and Fuhrmann, C.M., "Reporting Back Environmental Exposures: A Case Study of Environmental Health Literacy and Individual Experienced Temperature among Ground Maintenance Workers," *Southeastern Division of the Association of American Geographers*, Columbia, SC, November 2016.
- Sugg, M.M.**, Fuhrmann, C.M., and Konrad, C.E., "Relationships between Patterns of Hypothermia and Minimum Temperature," *Association of American Geographers*, San Francisco, CA, April 2016.
- Silva, R.A., Thie, L.M., Rappold, A.G., **Sugg, M.M.**, and Smith J.S., "Mapping heat-related vulnerability to climate change in North Carolina," *North Carolina Breathe Conference*, Charlotte, NC, April 2016.
- Ross, A. *, and **Sugg, M.M.**, "Recreational Heat-Related Illness across North Carolina, 2007-2012 ," *Southeastern Division of the Association of American Geographers*, Pensacola, FL , November 2015.
- Hunter, J.M. *, Konrad, C.E., West JJ, and **Sugg, M.M.**, "Associations between precipitation and gastrointestinal illness: A spatial and temporal study in North Carolina State," *Water and Health Conference 2015 Where Science Meets Policy*, Chapel Hill, NC. November 2015
- Kovach, M.M.**, and Konrad, C.E., "Climate-Health Vulnerability: Identifying Relationships between Temperature and Heat-Related Illness," *17th Annual Graduate Student Recognition Celebration*, Chapel Hill, NC. April 2015

- Hunter, J.M.*, West J.J., Konrad, C.E., and **Kovach, M.M.**, “Spatial and Temporal Relationships between Precipitation Patterns and Waterborne Disease,” *2nd Annual UNC Climate Change Symposium*, Chapel Hill, NC. April 2015
- Kovach, M.M.**, and Konrad, C.E., “Climate-Health Vulnerability: Identifying Relationships between Temperature and Heat-Related Illness,” *2nd Annual UNC Climate Change Symposium*, Chapel Hill, NC. April 2015
- Konrad, C.E., **Kovach, M.M.**, McLeod, J.T., Fox, H., Fuhrmann, C.M., Schmitz, W.G., and Perkins, D.J., “Assessing the Magnitude and Societal Impacts of the April 25-28, 2011 Tornado Outbreak in the Southeastern US,” *92nd Annual Meeting of the American Meteorological Society*, New Orleans, LA. January 2012
- Fuhrmann, C.M., Schmitz, W.G., Konrad, C.E., and **Kovach, M.M.**, “A Review of the 2009-2010 Winter Season across the Southeast United States,” *Annual Meeting of the Eastern Snow Conference*, Hancock, MA. June 2010
- Kovach, M.M.**, “Societal and Meteorological Impacts of Inland Moving Tropical Cyclones,” *65th Annual Meeting of the Southeastern Division of the AAG*, Birmingham, AL. November 2010
- Kovach, M.M.**, Fuhrmann, C.M., Lutz, J.T., Easterling, D.R., and Robinson, P.J., “Assessing the Climate Information Gap for the Health Sector,” *64th Annual Meeting of the Southeastern Division of the AAG*, Knoxville, TN. November 2009

INVITED ON-CAMPUS TALKS

- Sugg, M.M.**, “Climate and Public Health,” Guest Lecture for *Climate Adaptation to Action Honors’ Seminar*. February 2021
- Sugg, M.M.**, Runkle, J, Michael, K., Andersen, L, “Crisis Response among Essential Workers and Their Children During the COVID-19 Pandemic,” *Appalachian State University’s Research Forum*. February 2021
- Sugg, M.M.**, Runkle, J, Michael, K., Andersen, L. “COVID-19 at Appalachian State University,” *Appalachian State University’s Faculty Senate*. October 2020.
- Sugg, M.M.** “On-going COVID-19 Research,” *Appalachian State University’s CAS Summer Zoomers*. July 2020.
- Sugg, M.M.** and Lane, S., “Measures of Emergency Preparedness Contributing to Nursing Home Resilience,” *Appalachian State University’s SCORE Research Presentations*. September 2018
- Sugg, M.M.** and Lane, S., “Measures of Emergency Preparedness Contributing to Nursing Home Resilience,” *Appalachian State University’s SCORE Research Presentations*. March 2018
- Sugg, M.M.**, “Climate Change and Public Health,” *Appalachian State University’s Pre-Health Conference*, Appalachian State University. November 2017.
- Sugg, M.M.**, Sustainability Film Series Panelist, *Appalachian State University*. March 2017
- Sugg, M.M.**, Guest Lecturer for Medical Anthropology, *Appalachian State University* October 2016.
- Sugg, M.M.**, Guest Lecturer for Natural Hazards Seminar, *Appalachian State University* September 2016.
- Sugg, M.M** and Konrad, C.E., “Predicting Heat-Health Vulnerability Across North Carolina using Heat-Health Vulnerability Tool,” *Health-Health Vulnerability Tool Engagement Webinar*, University of North Carolina, Chapel Hill. July 2015
- Kovach, M.M** and Konrad, C.E., “Relationships between Temperature and Heat-Related Illness across North Carolina,” *North Carolina Climate Change-Public Health Workgroup*, Department of Emergency Medicine, University of North Carolina, Chapel Hill. July 2014
- Kovach, M.M** and Konrad, C.E., “Relationships between Temperature and Heat-Related Illness across North Carolina,” *Carolina Integrated Sciences and Assessments (CISA) Webinar*, University of South Carolina, Columbia. June 2014

MENTORING

Graduate Mentoring Experience (Appalachian State University) - Main Advisor

- 2019-2020**, Leah Handwerger, *Master's Thesis*, Department of Geography and Planning, An Assessment of Social and Physical Vulnerability to Hydroclimate Extremes in Appalachia
- 2018-2020**, Camila Moreno, *Master's Thesis*, Department of Geography and Planning, Patterns of Drought using Self-Organizing Maps
- 2019-2020**, Stella Harden, *Master's Thesis*, Department of Geography and Planning, A Spatiotemporal Analysis of Severe Maternal Morbidity.
- 2018-2019**, Matthew Wilson, *Master's Thesis*, Department of Geography and Planning, Internal and External Validation of Vulnerability Indices: A Case Study of the Multivariate Nursing Home Vulnerability Index
- 2017-2019**, Elizabeth Bailey, *Master's Thesis*, Department of Geography and Planning, Wearable Sensors for Personal Temperature Exposure Assessments: A Comparative Study
- 2017-2018**, Lauren Andersen, *Master's Thesis*, Department of Geography and Planning, Appalachian State University. Title: An Assessment of Wildfire Vulnerability in Western North Carolina
- 2016-2018**, Laura Thompson, *Master's Thesis*, Department of Geography and Planning, Appalachian State University. Title: Adolescents in Crisis: A Spatial Exploration of Mental Distress Using Data from Crisis Text Line
- 2015-2017**, Will Stine, *Master's Internship*, Providing Geographic Support for the Population Division, United States Census Bureau
- 2015-2017**, Garry Raynor, *Master's Thesis*, Department of Geography and Planning, Appalachian State University. Title: Visualizations of Methandienone across North Carolina
- 2015-2016**, Hayley Thompson, *Master's Internship*, Department of Geography and Planning, Appalachian State University. Title: Utilizing Geographic Information Systems to Digitize and Preserve the Legacy Maps of Dr. Douglas W. Rankin
- 2015-2016**, Anna Ross, *Master's Thesis*, Department of Geography and Planning, Appalachian State University. Title: Recreational Heat-Related Illness: Heat Exposure Outside the Work Week (Main Advisor)

Master Student Committee Member (ASU)

- 2018-2020**, Alex O'Neill (Thesis)
- 2018-2020**, Leah Handwerger (Thesis)
- 2019-2020**, Tatiana Magee
- 2018-2019**, Tania Ita Vagas (Thesis)
- 2017-2018**, Joshua Piercy (Thesis)
- 2017-2018**, Frances Tucker
- 2016-2018**, Zach Osborne
- 2016-2018**, David Vines (Thesis)
- 2015-2016**, Brielle Davidson
- 2015-2016**, James Honeycutt

Undergraduate Mentoring Experience (ASU) - Main Advisor

- 2020-2021**, Sarah Hajnos, *Undergraduate Research Assistant*, Appalachian State University. Title: Understanding the Concurrent Risk of Mental Health and Dangerous Wildfire Events in the COVID-19 Pandemic
- 2019-2020**, Jessica Mitchell, *Undergraduate Research Assistant*, Appalachian State University. Title: A Spatial Analysis of Social Determinants of Health in North Carolina

- 2019-2020**, Sarah Woolard, *Undergraduate Research Assistant*, Appalachian State University. Title: A Multi-Scale Analysis of Spatial and Temporal Suicide Patterns in North Carolina, 2000 to 2017
- 2017-2018**, Matt Wilson, *Undergraduate Research Assistant*, Appalachian State University. Title: Multivariate nursing home index for the southeastern US.
- 2017-2018**, Kimberly Nelson, *Undergraduate Research Assistant*, Appalachian State University. Title: Report-backs for cold exposure biomonitoring in an occupational exposed population.
- 2017**, Danielle Boase, *Undergraduate Thesis*, Honors College, Appalachian State University. Title: Wearable sensors for continuous pregnancy health and environmental monitoring: From a patient and provider perspective.

Student Awards

- Stella Harden (2021) - Outstanding Thesis Award in the Social Science/Education category, \$500.
- Camila Moreno (2021) - SAFE Grant, \$350.
- Stella Harden (2020) - Cratis D. Williams Society Honor Society.
- Stella Harden (2020) - Graduate Student Government Association Travel Award, \$350.
- Stella Harden (2019) - Student and Faculty Excellence Fund, \$300.
- Sarah Woolard (2019) - Student and Faculty Excellence Fund, \$300.
- Matthew Wilson (2019) - Zigli Research Award, \$500.
- Elizabeth Bailey (2019) - Graduate Student Government Association Travel Award, \$500.
- Matthew Wilson (2019) – NC G. Herbert Stout Student Award in GIS
- Elizabeth Bailey (2018)- SEDAAG Honors Competition Finalist
- Matthew Wilson (2018)- SEDAAG Honors Competition Finalist
- Matthew Wilson (2018) - Southern Gerontology Society (SGS) student poster competition – 1st place
- Lauren Andersen (2018) - Cratis Williams Society of Graduate Students
- Lauren Andersen (2018) - Graduate Student Poster Award at ASU's Celebration of Student Research and Creative Endeavors
- Laura Thompson (2018) - Zigli Research Award, \$300.
- Lauren Andersen (2018) - AAG-GTU Travel Award, \$200.
- Lauren Andersen (2017) - Student and Faculty Excellence Fund, \$500.
- Laura Thompson (2017) - Student and Faculty Excellence Fund, \$300.
- Lauren Andersen (2017) - NC G. Herbert Stout Student Award in GIS
- Garry Raynor (2017) - NC G. Herbert Stout Student Award in GIS
- Laura Thompson (2016) - SEDAAG Honors Competition Finalist

TEACHING

- GHY3812: **Geographic Information Systems** (2015-present)
- GHY4005: **Geography of Health and Disease** (2015-present)
- GHY5150: **Seminar in GIScience** (2017-2019)
- GHY5800: **Advanced Quantitative Methods** (2015-present)
- GHY5025: **Climate and Society** (2017-2020)
- HON4010: **Senior Honors Thesis and Project** (as needed)
- GHY 5550: **Independent Study** (as needed)
- GHY 4900/5900: **Internship in Geography** (as needed)
- GHY 5998: **Thesis Preparation** (as needed)
- GHY 5999: **Thesis** (as needed)

GEOG111: **Weather and Climate** (at UNC-Chapel Hill)

PRODUCT DEVELOPMENT and APPLIED RESEARCH TOOLS

Southeast Regional Climate Center's North Carolina Heat-Health Vulnerability Web Prediction Tool. Available at: <https://www.sercc.com/hhvt/>

Southeast Regional Climate Center's North Carolina-Disease Event Tracking and Epidemiological Collection Tool. Available at: https://www.sercc.com/nc_detect/ (*restricted access to public health researchers due to limitations of NC-DETECT data use agreement*)

DEPARTMENTAL and UNIVERSITY SERVICE

2020, Chair, Junior Strickland Awards Committee, ASU
2016 - Present, Committee Member - Graduate Student Committee, ASU
2015 - Present, Committee Member - GIS Curriculum Committee, ASU
2017 - 2020, Committee Member - Departmental Personnel Committee, ASU
2017 - 2020, Committee Member - Masters Comprehensive Exam Committee, ASU
2017 - 2019, Reviewer - Peer Assisted Review Enterprise, ASU
2018-2019, Chair, Masters Comprehensive Exam Committee, ASU
2016-2017, Committee Member - Department Chair Search Committee, ASU
2015-2016, Alternative Committee Member - Departmental Personnel Committee, ASU

MANUSCRIPT REVIEWS

International Journal of Environmental Research and Public Health
Environmental Pollution
International Journal of Biometeorology (6)
BMJopen
Health and Place (3)
Physical Geographer
Southeastern Geographer
Environmental Research (2)
International Journal of Disaster Risk Reduction (2)
Science of the Total Environment (7)
Environment International (3)
Geographical Review (2)
Suicide and Life-Threatening Behavior
Annals of Epidemiology

PROFESSIONAL DEVELOPMENT

Invited Panelist, Howard Hughes Medical Institute, Department of Science Education's Connected Coastlines, Roundtable, April 2021.

Participant, NIDIS/NOAA Carolinas Drought and Human Health, Asheville, NC 2020 (moved online for COVID-19)

Facilitator, Oak Ridge Event, University of Tennessee Knoxville, February 2020

Facilitator, Health and Safety Workgroup, Southeast Urban Sustainability Summit, August 2019 Greensboro, NC

Panel Member, Women in STEM: A Panel Discussion, Women in Educational Leadership Symposium, October 2018, Boone, NC

Participant, Climate and Respiratory Health -Focus Asthma, The Collider, November 2017, Asheville, NC

Participant, Path to Promotion and Tenure, Center for Academic Excellence, Appalachian State University, March 2017, Boone, NC.

Participant, Geography Faculty Development Alliance, Association of American Geographers, University of Connecticut, June 2015, Sors, CT

Participant, Introduction to QGIS and Grass, University of North Carolina at Chapel Hill, Odum Institute, March-April 2015, Chapel Hill, NC

Participant, Mapping with Open Data in R, University of North Carolina at Chapel Hill, Institute for the Environment, February 2014, Chapel Hill, NC

Participant, A Beginner's Look at Multilevel Analysis Short Course, University of North Carolina at Chapel Hill, Odum Institute, October – December 2013, Chapel Hill, NC

Participant, Applied Spatial Regression Analysis Short Course, University of North Carolina at Chapel Hill, Odum Institute, September – October 2013, Chapel Hill, NC

Workshop Assistant, Public Health and Climate Change Summit: Focusing North Carolina Forward, Research Triangle Environmental Health Collaborative, October 2013, Raleigh, NC

Participant, Interactive Lecturing, University of North Carolina at Chapel Hill, Center for Faculty Excellence, August 2013, Chapel Hill, NC

Participant, Teaching Your First Large Class, University of North Carolina at Chapel Hill, Center for Faculty Excellence, July 2013, Chapel Hill, NC

Participant, NCAR/CDC Colloquium on Climate and Health, National Center for Atmospheric Research, July, 2013, Boulder, CO

Participant, Joint NOAA-CDC Symposium on Climate and Health, Center for Disease Control, September, 2013, Atlanta, GA

Workshop Assistant, NIDIS Carolinas Drought Early Warning System: Supporting Coastal Ecosystem Management, Carolinas Integrated Sciences & Assessments, July – August 2012, Wilmington, NC

Workshop Assistant, Climate and Public Health: Emerging Risk and Opportunities, Southeast Regional Climate Center, August 2011, Chapel Hill, NC

Participant, Climate Change Adaptation Workshop, North Carolina Interagency Leadership Team, March 2010, Raleigh, NC

Participant, 7th Annual One Medicine Symposium, December 2009, Durham, NC

Workshop Assistant, Climate Change and Human Health: Assessing the Climate Information Gap, National Climatic Data Center, September 2009, Asheville, NC

AFFILIATIONS

Association of American Geographers (AAG)
American Meteorological Society (AMS)

PUBLIC MEDIA

- Podcast Interview, Rock Your Research. (July 1, 2015). Available at: <http://www.rockyourresearch.com/podcasts/dr-maggie-sugg-appalachian-state/>
- Feature Article, Endeavors Magazine. (April 24, 2015). “Beat the Heat.” Available at: <http://college.unc.edu/2015/05/04/beattheheat/>
- Feature Article, Appalachian State University. (August 26, 2016). “Geography Professor Sugg received award for continued research on her North Carolina heat-health vulnerability tool.” Available at: <http://www.news.appstate.edu/2016/08/26/margaret-sugg/>
- Feature Article, The Appalachian. (September 22, 2016). “Beat the Heat.” Available at: <http://theappalachianonline.com/2016/09/22/beat-the-heat/>
- Feature Article, Watauga Democrat. (September 19, 2019). “Samaritan’s Purse brings High Country relief to the Bahamas in wake of Dorian” https://www.wataugademocrat.com/mountaintimes/news/samaritan-s-purse-brings-high-country-hospitality-to-the-bahamas/article_01e26815-2cd5-5bf1-9073-d34b860bd0eb.html
- Feature Article, Experience. (November 13, 2019). “A suicide hotline powered by big data” <https://expmag.com/2019/11/a-suicide-hotline-powered-by-big-data/>
- Feature Radio Interview (February 17, 2020). “Climate City: WNC Researchers Delve Into Climate Change & Health” Blue Ridge Public Radio. <https://www.bpr.org/post/climate-city-wnc-researchers-delve-climate-change-health?fbclid=IwAR0kBzStsTFG715KaQuEkTKvLUcscDg2Cu3outdrowr6gxAq6LjTPeLMRjk#stream/0>
- Feature Article, The Laurel (May 2020). “Climate Change and Human Health” <https://thelaurelofasheville.com/lifestyle/climate-city-2020/>
- Feature Article, CICS News (June 2020). “Humidity Identified as a Factor in COVID-19 Cases in Some US Cities” <https://ncics.org/cics-news/humidity-identified-as-a-factor-in-covid-19-cases-in-some-u-s-cities/>
- Feature Article, Appalachian Today (July 2020). “Meteorological factors may influence COVID-19 transmission and spread in the US, according to research by App State and NCICS” <https://today.appstate.edu/2020/07/02/covid-19-meteorological-factors>
- Feature Article, Mountain Xpress (July 2020), “Local researchers explore weather’s role in COVID-19 spread” <https://mountainx.com/living/local-researchers-explore-weathers-role-in-covid-19-spread/>
- Television Interview, WLOS (July 2020), What impact does weather have on COVID-19? Local scientists are searching for answers <https://wlos.com/news/local/what-impact-does-weather-have-on-covid-19-local-scientists-are-searching-for-answers>
- Feature Article, The Appalachian (October 2020), “Faculty Senate discusses concerns over holidays, spring semester with COVID-19” <https://theappalachianonline.com/faculty-senate-discusses-concerns-over-holidays-spring-semester-with-covid-19/>
- Feature Article, The News and Observer (October 2020), “Climate change ‘threat multiplier’ means extra risk of heat illness in rural NC” <https://www.newsobserver.com/living/article246280455.html>
- Radio Interview, North Carolina News Service, (November 2020), “Heat Illness in Rural North Carolina”
- Feature Article, College of Arts and Sciences News (December 2020). “Researching the Spread of COVID-19 in Nursing Homes” <https://cas.appstate.edu/news/researching-spread-covid-19-nursing-homes?fbclid=IwAR3M9890702OhnLByfCjsIXgfNDf42hdAgfAWqN6Q2tYJg0TahCtzvng4QE>

- Feature Article, Public News Service (December 2020). “Heat Illness Hits Rural NC; Climate Change Means More Risk” <https://www.publicnewsservice.org/2020-12-24/climate-change-air-quality/heat-illness-hits-rural-nc-climate-change-means-more-risk/a72566-1>

OTHER EXPERIENCE AND AWARDS

2002 NCHSAA North Carolina Cross Country 3A State Champion

2002 Times-News Runner of the Year Award

2003 NCHSAA North Carolina Track and Field 3A 3200-meter State Champion

2003 NCHSAA North Carolina Track and Field 3A 1600-meter State Champion Runner-up

2003 Western North Carolina Coca-Cola Olympic Athlete of the Year

International travel experience in Africa, South America, Europe, Asia, and Australia